

**Skills Sessions (Skills) and Open Gyms** are optional for all athletes and will take place at SLHS in the Main gym. <u>Athletes can only attend one hour of Skills Sessions a day</u>. There will be a sign up for Skills Sessions in the Summer SportsYou group.

	SUN.	MON.	TUES.	WED.	THURS.	FRI.	SAT.
Υ.		1 *No SAC	2	3	4	5	6
	7	*No SAC SIGN UP FOR SP	ZX4MO ZX4MO	10	11:00 – 11:00 am Skills 11:00 – 12:00 pm Open Gym	12	13
	14	15 10:00 – 11:00 am Skills	16	17	12:00 – 1:00 pm Skills 18 10:00 – 11:00 am Skills	19	20
	21	11:00 – 12:00 pm Open Gym 12:00 – 1:00 pm Skills	23	24	11:00 – 12:00 pm Open Gym 12:00 – 1:00 pm Skills	26	27
		10:00 – 11:00 am Skills 11:00 – 12:00 pm Open Gym 12:00 – 1:00 pm Skills			10:00 – 11:00 am Skills 11:00 – 12:00 pm Open Gym 12:00 – 1:00 pm Skills		
	28	9:00 – 12:00 pm Sparta Volleyb 1:00 – 3:30 pm Sparta Volleyba 4:00 – 6:00 pm 9 <sup>th</sup> Future Spart	ll Camp 7 <sup>th</sup> – 8 <sup>th</sup> Grade an Volleyball Camp	I I	Returners Team Camp Directed by Skyline @ Skyline 9:30 am – 12:00 pm & 1:30 – 4		3
	30	4:00 – 6:00 pm 10th – 12 <sup>th</sup> Gra	ae Open Gym1	2	3	4	5
AUG		TRYOUTS – Day 1 Freshmen 6:00 – 8:30 am Returners 4:30 – 7:00 pm	TRYOUTS - Day 2 Freshmen 6:00 – 8:30 am Returners 1:00 – 4:00 pm *Cuts/Teams Made	Practice	Practice	Practice	Home Scrimmage Parent Meeting



SCAN HERE TO ACCESS THE SEVENLAKESABC WEBSITE.
ALL REGISTRATION AND SCHEDULES ARE UNDER <u>Links</u> and <u>forms</u>.